

EXPLORE TEMBURONG + CANOPY TOWER VISIT

Tour Code: FRL 16-1 | Tour Duration: 7 hours
Min 2 persons | Departure: 0700 Daily

Prices from: BND155 (Adult), BND95 (Child)

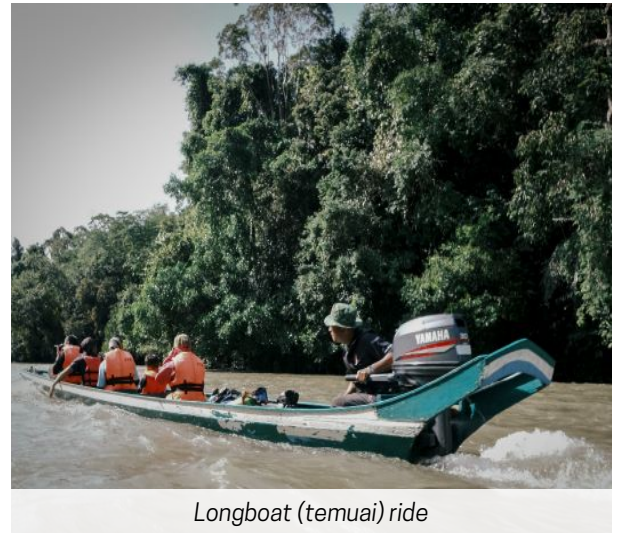
*Rates does not apply to cruise passengers from Muara Port



OVERVIEW

After your morning tea and safety briefing at Freme Rainforest Lodge, you will be ride on the longboat up stream to the Ulu Temburong National Park, after register at National Park HQ, you will be trekking up 1000+ steps to Canopy Tower to have a beautiful view of pristine rainforest and explore the waterfall (Natural Fish Spa). Rafting or kayak activities on the way back to lodge. Lunch will be served on the riverbank at Rainforest lodge.

TIME	PROGRAM
0700	Depart from hotel
0830	Arrive at Freme Rainforest Lodge. • Morning tea, registration & safety briefing
0930	Travel up stream by longboat (temuai) to National Park.
1000	Arrive at Ulu Temburong National Park. • Canopy walkway • Explore rainforest streams & visit a waterfall (swim & relax)
1230	Depart by temuai back to the Lodge. <i>*Choice of activity: - Rafting/ Kayaking/ Tubing (pre-book)</i>
1330	Arrive at the lodge. • Lunch • Free & Easy (Explore Freme Adventure Park)
1500	Depart lodge to Bandar Seri Begawan/ End of services.



Longboat (temuai) ride

WHAT TO BRING?

To make your trip to the rainforest more comfortable, you may want to bring along the following items:

- ✓ Sunblock/ Insect repellent. (unscented is preferred)
- ✓ Cell phone/ Camera to take photos.
- ✓ A Hat/ Cap. (preferably with chin strap)
- ✓ Poncho in case of rain. (umbrella don't work)
- ✓ Extra clothes. (you may want to freshen up before returning to the city)
- ✓ Zip lock bag to waterproof your valuables.
- ✓ Own drinking water bottle. (can be refilled at the lodge)

*Itinerary is subject to change without prior notice.

NOTE : Please advise if you have any allergies or any other dietary requirements.



Tubing

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